



Thursday 27<sup>th</sup> January 2022

Dear Families,

On the 11<sup>th</sup> February, the children will take part in our 'Piece of the Heart' themed day where they will be exploring what it means to have a physically healthy and emotionally healthy heart.



On this day, we ask that the children come to school dressed in something **red** (the more hearts the better) and bring a small donation of £2.00, which will go towards the Heart Cell's Foundation.

### What does the Heart Cells Foundation do?

#### Saves Lives

Using stem cells to treat patients suffering with heart failure to improve their lives.

#### Furthers Collaboration

Supporting and funding the growth of the Compassionate Unit, St Bartholomew's Hospital – the first of its kind in Europe.

#### Advances Developments

Continuing further stem cells research and raising funds for Phase III Regen DCM Trial.

#### Supports Research

Facilitating stem cell research and the evolution of the regenerative field of medicine.

#### The Ultimate Goal

Ensuring that ground-breaking regenerative treatment is available to all on the NHS and beyond...

The children and staff will be required to take part in four heart themed activities on our themed day. For each activity that the children complete, they will receive a piece of the puzzle in order to build their emotionally and physically healthy heart.

The activities include:

- A beating heart puzzle piece: an obstacle course.
- A hungry heart puzzle piece: the designing of a 'healthy heart' lunch box
- A grateful trail heart puzzle piece: a timed obstacle course to express gratitude
- A kind heart puzzle piece: performing three acts of a kindness to a friend on this day

Once the children have built their heart puzzles, they will be rewarded with a certificate to take home to celebrate their hard work throughout the day, knowing they have made a difference to their own heart and the hearts of others.

### French themed lunch

Thanks to the Head Boy and Girl team, they have requested that we have a Chinese themed lunch on **Tuesday 8<sup>th</sup> February**. Please do visit our website: [www.bedifferent-federation.org.uk/index.html](http://www.bedifferent-federation.org.uk/index.html) to see what will be served.

Thank you for your continued support.



Mrs Bull

Chief Executive Headteacher