

PROTECTING OUR PLANET STARTS WITH YOU



Reduce



Reuse



Recycle

Cut down on what you throw away. Follow the three 'R's' to conserve our planet's natural resources and landfill space.

BIKE MORE DRIVE LESS



PLANT A TREE

Trees provide food and oxygen. They help save energy, clean the air and help combat climate change.

By learning more about what you can do, you can also educate others to understand the importance and value of our natural resources.



Make smart eating choices by choosing to go vegetarian or vegan one or more days per week.

Choose non-toxic, chemical free and eco-friendly alternatives for cleaning your home. There are plenty of natural options that are cheap to make at home.



Carry a reusable shopping bag with you so that you don't have to get a plastic bag when you are out shopping.



CONSERVE WATER

Make sure to turn off the tap when you are not using it – including while brushing your teeth. The less water you use, the less runoff and wastewater ends up in the ocean.



Energy efficient lightbulbs reduce greenhouse gas emissions. Don't forget to turn off the light when you leave the room too!

