



Family Information and Support Hubs (FISH)

We can help you with any aspect of family life, including:

- ✓ Your child's development
- ✓ Behaviour and emotions
- ✓ Relationships
- ✓ Money
- ✓ Training or work
- ✓ Benefits
- ✓ Finding childcare



Our Early Help Co-ordinators will offer advice and guidance to help you find and access the supportive information and services that you need.

Sessions take place Monday to Friday with free face to face and telephone appointments available.



Book an appointment by scanning the QR code or visit our website: www.eventbrite.com/cc/family-information-support-hub-1705749

Or, come along to one of our drop-in sessions (no appointment needed):

Family Hub at Church Rd Children Centre – Mondays, 1.30pm-4.30pm

Family Hub at Acacia Children Centre – Wednesdays, 9.00am-12.00pm