

Monday 31st March 2025

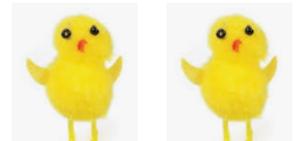
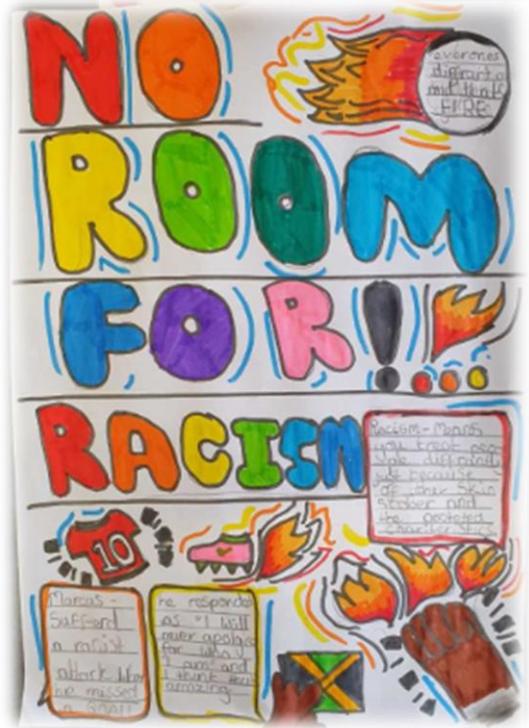
Dear Families,

Marcus Rashford Day



Wednesday 26th March marked our first Marcus Rashford day. The day incorporated learning across many subject areas - Citizenship, History and Design and Technology. Themes explored this year continued to build from our learning about Stephan Lawrence's legacy. The children worked to gain a better understanding of who Marcus is – as the well-known footballer, children's author and food poverty campaigner. Throughout the day, we explored the barriers that Marcus had faced within different aspects of life, as well as the incredible achievements that he has accomplished.

Thank you to all families who generously donated non-perishable items to our Foodbank table, as a symbol of Marcus' fight against food poverty.



Early Years Easter Bonnet Parades are coming!

We are very much looking forward to welcoming families this week, as the children ready themselves to proudly parade in their wonderful Easter designs.

Tuesday at 2.00 pm (Angel) Wednesday at 9.30 am (Archway) and Bank Class at 2.00 pm Thursday at 9.30 am and 2.00 pm (Paddington)

Attendance and illness

It can be tricky deciding whether or not to keep your child off school when they're unwell. There are government guidelines for schools and nurseries about managing specific infectious diseases at GOV.UK. These say when children should be absent from school and when they shouldn't. Please click [here](#) to view the government guidelines and here for Healthier Together programme.

Please note that the school office must have proof of a medical appointment before arriving to collect your child early from school.

Let's keep our weekly attendance scores up!

Class	Overall Weekly %
Paddington AM	100%
Paddington PM	88%
Paddington Full Time	97%
Archway	95%
Bank	95%
Angel	90%
Oval	92%
Knightsbridge	100%
Borough	90%
Monument	97%
Victoria	95%
Pimlico	100%
Wimbledon	95%
Balham	99%
Southwark	100%
Kennington	95%
Piccadilly	94%
Euston	99%
Edgware	97%
Temple	97%
Barbican	94%
Westminster	99%
Embankment	94%
Colliers Wood	97%



The children across the BeDifferent Federation took part in this year's Big Walk and Wheel event aimed at encouraging more sustainable and active ways of travel. The JTA's eagerly waited at the gates each morning, to welcome children and celebrate their active choice of travel. We will continue to monitor the number of active travels to school this week and keep our fingers crossed that we place in the finals! Go, Singlegate!



SMART Singlegate

Please may we remind you that the children should be wearing their complete school uniform every day. Please see our website for details of acceptable items. Please make sure that your child's shoes are in line with our school policy. Do speak with the office/FOSS team if you need support in accessing second hand uniform.

There have been a number of lost water bottles recently in school. Please make sure that your child's name is written on any item in school. Please remember that children are **not** permitted to wear smart watches in school. Bracelets and other items of jewellery (with the exception of studs) are not permitted in school. Thank you for your support.





Merton Music SingFest

We were thrilled to take the **Great Singlegate Choir** to Mitcham Parish Church last week, where we performed to and alongside a number of schools from across Merton. As always, the children did not disappoint and sang their little socks off! Well done team! Watch out for more performance that are planned for the remainder of the year.



Year Five Young Sports Leaders

Children in Year Five continued to develop their sports leadership skills this week, as they eagerly led a range of multi-skills sports with our Year One classes. The children embarked upon a number of drills and were most successful with the support, encouragement and celebrations from their older peers. Well done, team.



We were absolutely thrilled to have competed in Merton's swimming gala this year. The children swam with energy and determination. A thoroughly enjoyable event with a silver medal for Elizabeth! Well done to all of our competitors. Thank you to Miss Hansen for her commitment to our PE events, this year.



Chameleon Surprise

Children from Calm Camden were delighted to welcome a special visitor with Mr Newman last week.

The children were pleased to meet, handle and interact with the chameleon in this 'close up experience'.



BeDifferent
Federation



Worried about your child's mental health?

As parents and carers, there are ways we can support our children to give them the best chance to stay mentally healthy. Encouraging and guiding a child to think about their emotions is a vital skill you can teach them from a young age.

Ways to support your child:

Be there to listen.

Regularly ask your child how they are feeling to help them get used to talking about their feelings and to know there's always someone there to listen. You can get tips on:

<https://www.youngminds.org.uk/parent/>

Support them through difficulties.

Understand that behaviour is a sign of communication. If your child is behaving differently, there may be a reason why. Use this as a time to try and work through their difficulties together. Try to get them to understand their feelings and why.

Take what they say seriously.

Listening to and valuing what they say makes them feel valued. Consider how to help them work through their emotions in constructive ways; remember, that as a school, we are here to support with these discussions too.

Please see below for some other places that can offer support:

 <p>Shout offers confidential 24/7 crisis text support for times when immediate assistance is required Text "SHOUT" to 85258 or www.giveusashout.org</p>	 <p>Samaritans 24/7 365 days a year - they are here to listen and provide support Call: 116 123 or email: jo@samaritans.org https://www.samaritans.org/</p>	 <p>Childline confidential telephone counselling service for any child with a problem Call: 0800 1111 anytime or online chat with a counsellor</p>	 <p>Papyrus provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person Call: 0800 068 41 41 or Text: 07880 039967 (opening hours 9am to midnight - 365 days a year)</p>
 <p>The Mix provides free, confidential support for young people under 25 Call: 0808 808 4994 (11am - 11pm every day) or Email https://www.themix.org.uk/get-support</p>	 <p>Crisis Tools helps professionals support young people in crisis - short accessible video guides and text resources Sign up for free resources https://crisistools.org.uk/</p>	 <p>Beat provide support to help young people who may be struggling with an eating problem or an eating disorder Call the Youthline (under 18's) 0808 801 0711 or Studentline 0808 801 0811 (9am - 8pm during the week and 4pm - 8pm on weekends and bank holidays)</p>	 <p>Good Thinking is London's digital wellbeing service and provides a range of resources for young people to help improve mental wellbeing including free NHS-approved apps https://www.good-thinking.uk/</p>

Mrs Bull and Mrs Hart