



Monday 17<sup>th</sup> March

Dear Families,

**ALL BOOKED UP in the BeDifferent Federation**



**What a wonderful day we had!** At the BeDifferent Federation, we love to see children developing life-long habits of reading for pleasure, benefiting from the improved life chances this brings them. Through reading, we learn about others, we learn to empathise, we are taught about new places, new concepts, new ways of thinking and we discover new things about ourselves... all from the comfort of our own seat, wherever that may be!

A **HUGE THANK YOU** to Mrs Bull, Miss Pearce and the Federated Reading Team, who planned a wealth of fabulous activities for us to enjoy last week.



Showcasing our fabulous outfits and the favourite story from which they originated.



The class 'secret reader'



Enjoying a good read at the Book n' Bite café



Shared reading with children from other



Who could it be? Do you recognise this secret reader in Year 5?



Class	Overall Weekly %
Paddington AM	100%
Paddington PM	100%
Paddington Full Time	92%
Archway	97%
Bank	98%
Angel	99%
Oval	99%
Knightsbridge	99%
Borough	96%
Monument	98%
Victoria	96%
Pimlico	94%
Wimbledon	95%
Balham	92%
Southwark	98%
Kennington	94%
Piccadilly	97%
Euston	97%
Edgware	100%
Temple	98%
Barbican	99%
Westminster	99%
Embankment	96%
Colliers Wood	99%



Monday 24<sup>th</sup> March launches the start of the 'Big Walk and Wheel' national initiative in schools. Singlegate is taking part in the 16<sup>th</sup> year celebration of Sustrans Big Walk and Wheel, the UK's largest inter-school cycling, walking, wheeling and scooting challenge.

Please do your best to find *active* ways of travelling to school over the next couple of weeks. Our JTA team will be out to encourage and celebrate effort.

Daisy, Maddie, Colette and Helena	Karo and Anika	Matilda and Rowan	Sofiia and Jzaya
Eva and Fawwaz	Ninika and Zanaya	Claude and Nicole	Rhithushan and Maksym
Alex and Louis	Stanley and Lola	Sunny and Ilyana	Maria Alexandra and Maximos
Amelia-Rose, Alexander, Samuel and Alexa	Ren and Sammy	Maddie and Omega	Diego and Hakan
Isabelle and Matilda A	Kyrah and Inaya		

The children continue to be motivated by our pizza party celebrations that recognise the effort of attendance in each class. Well done to Angel Class this week!

**Well done** to our WOW card winners this month. We are so proud of your hard work, attitude and commitment to learning. Keep it up!



A number of children from Singlegate Primary School proudly took part in an amazing dance show at Epsom Playhouse last week. Performing onstage to show case their moves for over two hours was no easy challenge. Well done team!



Years 5 and 6 competed at the local borough multi sports event last week. We have a number of events coming up this week to include hockey, dodgeball, swimming and Year 1/5 sports festival. It's all go for our young sporting enthusiasts!



**BeDifferent**  
Federation



**Gaming:** When used with healthy boundaries, gaming can be a positive experience. However, for some children, gaming can start to negatively affect their mental wellbeing – lack of sleep, headaches, impact on mood. When this happens, support may be needed to establish healthy boundaries.



### 1) Have a family agreement.

A family agreement is a way for everyone to negotiate screen boundaries together, which then apply to the whole family. It is a time to set rules, expectations and boundaries.

### 2) Discuss implications of online gaming/ chats.

It is important that children understand what is appropriate to share, post, say online and the implications of their words. Remind children that what they say has a consequence online. If children are accessing online gaming, try to be in the room as much as possible to monitor what is being played/said.

### 3) Follow through on consequences.

If your child does not stick to a boundary you have agreed, make sure to follow through on the consequences. Agree the consequences with your child in advance so they are not taken by surprise, or left feeling it is 'unfair'. Following through on consequences will help to make the boundaries clear and consistent.

### 4) Agree the best way to end a gaming or online chat session.

Ask them whether it's better to set a fixed playing time or to agree a stopping point in a way that works for the game they're playing. For example, they might be happier to stop at the end of a particular level rather than stopping after an hour. If you've set a fixed time, you can use a timer to remind them how long they've got left. Some games also let you set a timer within the game.



Smartphone free childhood is a community of over 150,000 working together to change the cultures around children and their smart phones. They have made it their mission to provide solidarity, support and solutions to parents who are struggling with what's become of the most defining parenting challenges of our times. For more information on this movement, please click the link. [Smartphone Free Childhood](https://smartphonefreechildhood.co.uk/join)



**Mrs Bull and Mrs Hart**